*TRUE GYMNASTICS 2025-2026 (updated 4/27/25)*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Class** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Tiny Tumble Bees****18 mo-3.5 years** |  | **10:00-10:50****11:00-11:50** | **9:00-9:50****10:00-10:50** | **11:00-11:50** |  | **9:00-9:50****10:00-10:50** |  |
| **Climbing** **Caterpillars****3.5 years-4.5 years** | **1:30-2:20****2:30-3:20** | **12:30-1:20****4:15-5:05****5:15-6:05** **6:15-7:05** | **11:00- 11:50****12:30-1:20****5:15-5:05** | **1:30-2:20** |  | **11:00-11:50** |  |
| **Galloping Grasshopper****4.5-5.5 years** | **1:30-2:20****2:30-3:20** | **12:30-1:20****1:30-2:20** **4:15-5:05****5:15-6:05** **6:15-7:05**  | **11:00-11:50****12:30-1:20****5:15-6:05** | **1:30-2:20** |  | **11:00-11:50** |  |
| **Mighty** **Millipedes****Kindergarten** |  | **4:15-5:05****5:15-6:05****6:15-7:05**  | **12:30-1:20****5:15-6:05****6:15-7:05** |  |  | **11:00-11:50** |  |
| **Preschool Ninja****4.5-Kindergarten** |  | **1:30-2:20** |  |  |  |  |  |
| **Kindergarten Ninja** | **5:20-6:20** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| **Level 1** |  |  |  | **4:10-5:10****6:25-7:25** | **4:15-5:15** | **11:00-12:00** | **12:00-1:00****1:00-2:00** |
| **Level 2** |  | **7:15-8:15** | **7:15-8:15** | **4:10-5:10****6:25-7:25** | **4:15-5:15** | **12:00-1:00** | **12:00-1:00****1:00-2:00** |
| **Level 3** |  | **7:15-8:15** | **7:15-8:15** | **4:10-5:10****6:25-7:25** | **4:15-5:15****5:20-6:20** | **12:00-1:00** | **2:00-3:00** |
| **Level 4** | **6:30-7:45** | **7:15-8:30** | **7:15-8:30** |  | **5:20-6:35** |  |  |
| **Level 5/6** | **6:30-8:00** |  |  | **7:30-9:00** |  |  |  |
| **Level 7/8** | **6:30-8:00** |  |  | **7:30-9:00** |  |  |  |
| **Kickover/Walkover** | **4:10-5:10** |  | **8:15-915** | **5:20-6:20** | **6:30-7:30** | **12:00-1:00** | **2:00-3:00** |
| **Teen Tumble** |  |  | **8:15-9:15** |  |  |  |  |
| **Back handspring****(BHS)** | **4:10-5:10****8:00-9:00** |  | **8:15-9:15** | **5:20-6:20** | **6:30-7:30** |  |  |
| **Flip N Twist\*****(F/T) Invitation Only** | **4:10-5:10****8:00-9:00** |  |  | **5:20-6:20** |  |  |  |
| **Ninja 1** | **5:20-6:20** |  | **4:10-5:10** |  |  |  |  |
| **Ninja 2\* Invitation Only** | **5:20-6:35** |  |  |  |  |  |  |
| **Homeschool** |  |  |  | **12:15-1:15** |  |  |  |